

Heaven's Treasury of Grace – General Concession Grant I

A *partial indulgence* is granted to the Christian faithful who, while carrying out their duties and enduring the hardships of life, raise their minds in humble trust to God and make, at least mentally, some pious invocation.

By this first grant, the faithful are guided to fulfill the command of Christ, “Pray always without becoming weary,” and at the same time are admonished to carry out their respective duties to preserve and strengthen their union with Christ.

(Manual of Indulgences, 4th ed., General Concession Grant I)

EXAMPLES OF INVOCATIONS CURRENTLY IN USE (partial list)

All holy men and women of God, pray for us.

Father, into your hands I commend my spirit.

Glory be to the Father and to the Son and to the Holy Spirit.

Heart of Jesus, all for you.

Heart of Jesus, burning with love for us, inflame our hearts with love for you.

Heart of Jesus, in you I trust.

Holy Mary, Mother of God, pray for me.

Jesus, gentle and humble of heart, make my heart like unto yours.

Jesus, Mary and Joseph.

Lord, increase our faith.

Lord, save us, we are perishing.

May the Virgin Mary bless us with her holy child.

Merciful Lord Jesus, grant them rest.

Most Sacred Heart of Jesus, have mercy on us.

Mother of Sorrows, pray for us.

My God and my all.

My Lord and my God!

O God, be merciful to me a sinner.

O Queen conceived without original sin, pray for us.

Pray for us, O holy Mother of God, that we may be made worthy of the promises of Christ.

Teach me to do your will, for you are my God.

We adore you, O Christ, and we bless you, because by your holy Cross you have redeemed the world.

Heaven's Treasury of Grace – General Concession Grant II Indulgence

A *partial indulgence* is granted to the faithful who, led by the spirit of faith, give compassionately of themselves or of their goods to serve their brothers in need. By the granting of this indulgence, the faithful are encouraged to perform more frequent works of charity and mercy, following the example and command of Jesus Christ.

Nevertheless, not all works of charity are enriched with this indulgence, but only works that “serve their brothers in need” —such as those in want of food or clothing for the body or of instruction or comfort for the soul. *(Manual of Indulgences, 4th ed., General Concession Grant II)*

Heaven's Treasury of Grace – General Concession Grant III Indulgence

A *partial indulgence* is granted to the Christian faithful who, in a spirit of penance, voluntarily abstain from something that is licit for and pleasing to them.

This grant is particularly suitable for our times in which, over and above the mild law regarding fast and abstinence, it is altogether opportune that the faithful be encouraged to practice penance.

By holding their appetites in check, the faithful are moved to regain mastery of their bodies and to conform themselves to the poor and suffering Christ.

Self-denial, however, will be more precious if it is joined to charity, in accord with the teaching of St. Leo the Great: "We should pay to good works what we refuse to indulgence. Let the poor man feast on what our fasting has denied us."

(Manual of Indulgences, 4th ed., General Concession Grant III)

Heaven's Treasury of Grace – General Concession Grant IV Indulgence

A *partial indulgence* is granted to the Christian faithful who, in the particular circumstances of daily life, voluntarily give explicit witness to their faith before others.

This grant encourages the faithful to profess their faith openly before others, for the glory of God and the building up of the Church.

St. Augustine wrote: "Let your Creed be a mirror for you. See yourself in it, if you believe all that you profess, and rejoice daily in your faith." The Christian life of each and every day, therefore, will be like the "Amen" concluding the "I believe" of our profession of baptismal faith.

(Manual of Indulgences, 4th ed., General Concession Grant IV)

Treasury of Grace - Eucharistic Adoration Indulgence

A *plenary indulgence* is granted to the faithful who visit the Blessed Sacrament for adoration lasting at least a half hour. The indulgence is *partial* if the visit is shorter.

(Manual of Indulgences, 4th ed., Grant 7.1.1)

Treasury of Grace – Rosary Indulgence

A *plenary indulgence* is granted to the faithful who devoutly recite the Marian rosary in a church or oratory, or in a family, a religious community, or an association of the faithful, and in general when several of the faithful gather for some honest purpose, or when one devoutly joins in the recitation of the rosary while it is being recited by the Supreme Pontiff and broadcast live by radio or television.

In other circumstances, the indulgence will be *partial*.

The rosary is a prayer formula consisting of fifteen decades of Hail Marys preceded by the Our Father, during the recitation of which we piously meditate on the corresponding mysteries of our redemption.

Regarding the plenary indulgence for the recitation of the Marian rosary, the following is prescribed:

1. The recitation of a third part of the rosary is sufficient, but the five decades must be recited without interruption.

2. Devout meditation on the mysteries is to be added to the vocal prayer.
 3. In its public recitation the mysteries must be announced in accord with approved local custom, but in its private recitation it is sufficient for the faithful simply to join meditation on the mysteries to the vocal prayer. (*Manual of Indulgences, 4th ed., Grant 17.1.1 and Grant 17.1.2*)
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Treasury of Grace - *Magnificat* Indulgence

A *partial indulgence* is granted to the faithful who devoutly recite the canticle of the *Magnificat*

Magnificat

My soul magnifies the Lord,
and my spirit rejoices in God my Savior;
Because he has regarded the lowliness of his handmaid;
for, behold, henceforth all generations shall call me blessed;
Because he who is mighty has done great things for me,
and holy is his name;
And his mercy is from generation to generation
on those who fear him.
He has shown might with his arm,
he has scattered the proud in the conceit of their heart.
He has put down the mighty from their thrones,
and has exalted the lowly.
He has filled the hungry with good things,
and the rich he has sent away empty.
He has given help to Israel, his servant,
mindful of his mercy --
Even as he spoke to our fathers --
to Abraham and to his posterity forever.
(*Manual of Indulgences, 4th ed., Grant 17.2.1*)

Treasury of Grace – The *Memorare* Indulgence

A *partial indulgence* is granted to the faithful who devoutly address the Blessed Virgin Mary with some approved prayer, such as the *Memorare*.

Memorare

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to your protection, implored your help or sought your intercession, was left unaided. Inspired with this confidence, I fly to you, O Virgin of virgins, my Mother; to you do I come, Before you I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in your mercy hear and answer me. Amen.
(*Manual of Indulgences, 4th ed., Grant 17.2.3*)

Treasury of Grace - Prayers to One's Guardian Angel Indulgence

A *partial indulgence* is granted to the faithful who devoutly invoke the care of their guardian Angel with a duly approved prayer (examples below).

Angel of God

Angel of God,
My guardian dear,
To whom His love
Commits me here;
Ever this (day/night)
Be at my side
To light and guard
To rule and Guide. Amen.

Angele Dei

Angel of God, my guardian dear,
to whom His love entrusts me here,
enlighten and guard, rule and guide me. Amen.

(Manual of Indulgences, 4th ed., Grant 18)

Treasury of Grace - Reading of Sacred Scripture Indulgence

A *plenary indulgence* is granted to the faithful, who read with the reverence due to the divine word, the Sacred Scriptures as spiritual reading for at least a half an hour, and from a text approved by competent authority; if the time is less, the indulgence will be *partial*.

If for some good reason a person is unable to read the Sacred Scriptures, a *plenary* or *partial indulgence* is granted, as above, if the text of Sacred Scripture is listened to while another person is reading or if it is heard by means of a video or audio recording.

(Manual of Indulgences, 4th ed., Grants 30.1 and 30.2)